



 **bgc**
Ottawa

**OPPORTUNITY
CHANGES
EVERYTHING**

2023 YEAR IN REVIEW



WHO WE ARE

For 100 years, BGC Ottawa, a registered charity, has provided programming directly to children and youth in vulnerable neighbourhoods.

FREE community-based services. Positive relationships. Life-changing programs. As one of Ottawa's largest child and youth-serving charitable organizations, BGC Ottawa provides vital programs and services to thousands of young Members each year. We provide safe, supportive places where all kids and teens of all backgrounds can experience new opportunities, overcome barriers, and develop confidence and skills for life.



OUR IMPACT

97% of Members reported they feel like they matter at the Club.

93% of Members said they are prepared to do their schoolwork.

90% of Members tell us that they are better able to calm themselves down when they are upset.

83% of Members shared that "at BGC my culture is valued and respected".

82% of Members communicated that "at BGC I spend more time playing sports and being active".

Impact data is from the Learning and Impact Report and General Member Survey.

OUR MISSION

To provide safe, supportive places where children and youth can experience new opportunities, overcome barriers, build positive relationships, and develop confidence and skills for life.

OUR VISION

All children and youth discover and achieve their dreams and grow up to be healthy, successful and active participants in society.



OUR VALUES



ENCOURAGEMENT AND SUPPORT

We encourage and support every child and youth to play, learn and grow to achieve their dreams.



WORKING TOGETHER

We work together with young people, families, volunteers, our communities and government.



SPEAKING OUT

We speak out for children, youth and families so that we can make our world better.



BELONGING

We welcome everyone in a safe, accepting environment based on belonging and positive relationships.



RESPECT

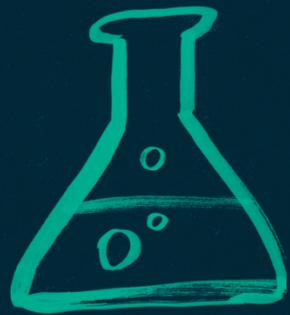
We ensure that everyone – children, youth, families, volunteers, staff – is heard, valued and treated fairly.



WHAT WE DO



EDUCATIONAL
SUPPORT



STEM
EDUCATION



GARDENING
NUTRITION
& FOOD
EDUCATION



AFTER
SCHOOL
PROGRAMS



FINANCIAL
EDUCATION

DIGITAL
LITERACY



TRANSPORT



ARTS
MUSIC
DANCE



MENTAL
HEALTH &
WELLNESS

SCHOLARSHIPS

JOB READINESS

MENTORING



SUMMER
CAMPS

INDIGENOUS INITIATIVES
& PROGRAMS

VOLUNTEERING

YOUTH LEADERSHIP

CIVIC
ENGAGEMENT



PHYSICAL
FITNESS &
SPORTS



DIVERSION
& OUTREACH

CRIME PREVENTION



FOOD
PROGRAMS

HEALTHY SNACKS & MEALS

PROGRAMMING PILLARS



Physical Activity & Healthy Lifestyle

Fostering self-development through constructive group and individual physical activity that promote a positive attitude towards physical well-being.



Education

Fostering knowledge-inspired development and applied learning skills to promote positive attitudes towards education.



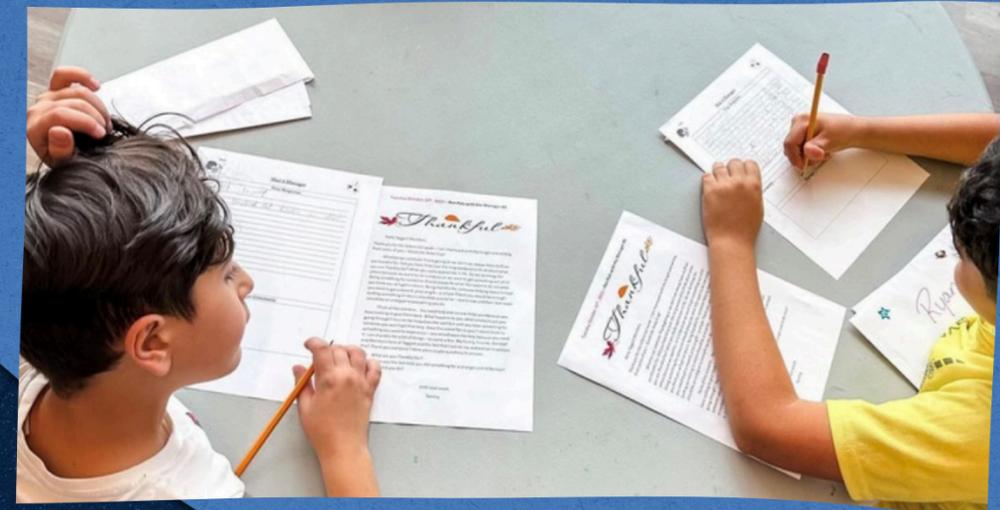
Leadership & Social Skills

Fostering character building and confidence through participation in leadership and skill development activities that promote both self-actualization and civic responsibility.

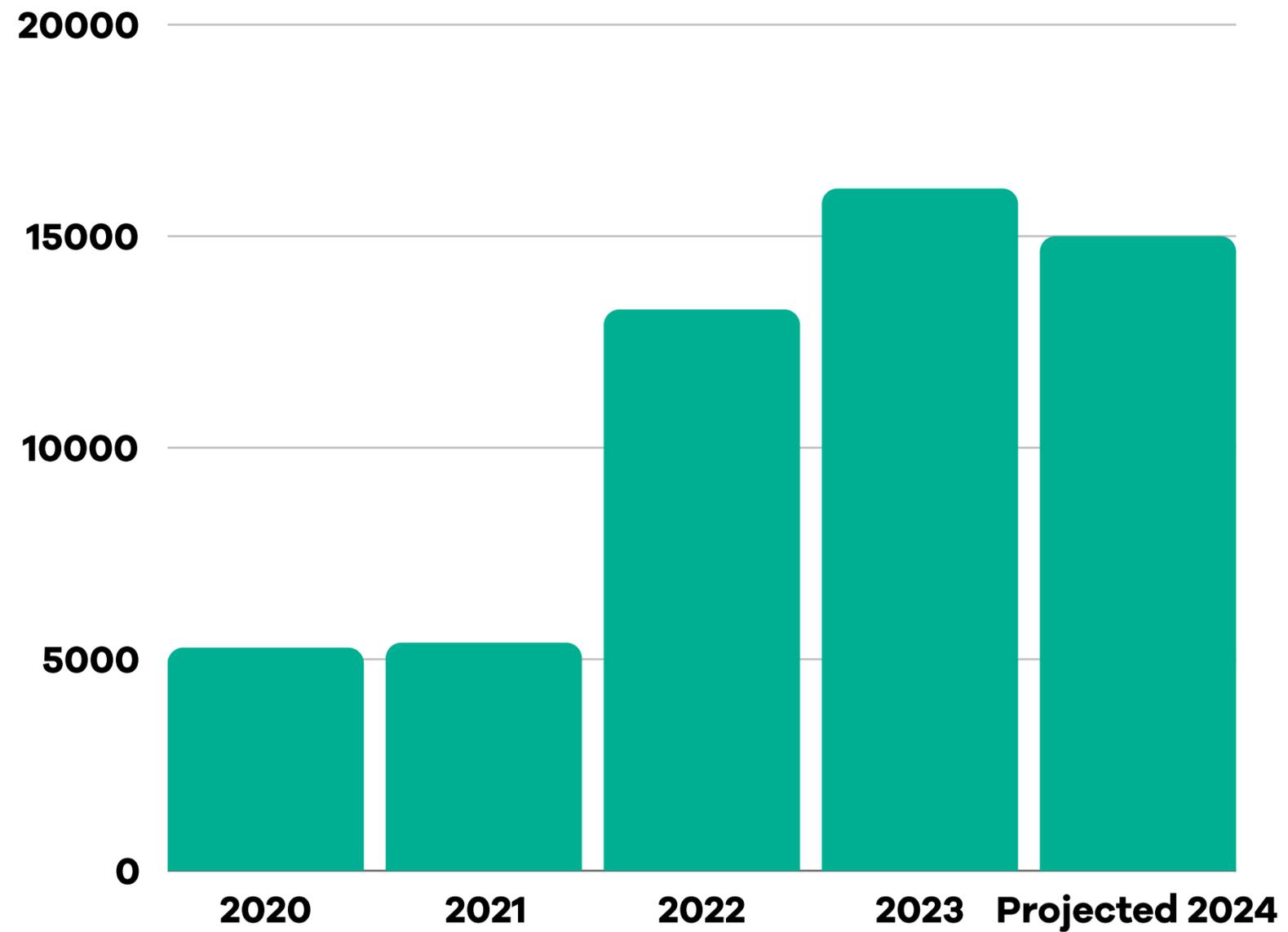


Creative Arts

Fostering creative expression and identity development through active participation in the arts to promote positive self-attitude.



TOMLINSON VISITS



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PROGRAM HIGHLIGHTS

EMPOWER HER

- Female members
- Ages 14 to 18
- Builds self-confidence, leadership skills and prepares participants for future opportunities (personally and professionally)
- Workshops, mentorship and group discussions

GAL PALS

- Female members
- Ages 11 to 13
- Nurtures self-esteem, fosters positive friendships, and develops essential life-skills in a supportive and encouraging environment
- Workshops, mentorship and group discussions



Juniors (age 6-10): 4:00-6:00PM

Intermediate (age 11-13): 4:00-7:00PM

Seniors (age 14-18): 4:00-8:00PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Homework Club Physical ABCs 4:00-4:45pm</p> <p>SNACK TIME 4:45-5:00pm</p> <p>Brave Spaces Handball & Floor Hockey Bingo! 5:00-6:00pm</p> <p>JUNIOR PICK-UP 6:00pm</p> <p>Open Gym S.T.E.A.M. League Cooking Club 6:00-7:00pm</p> <p>INTERMEDIATE PICK-UP 7:00pm</p> <p>Empower Her Foosball & Ping-Pong Basketball Conditioning 7:00-8:00pm</p>	<p>Homework Club Animal Planet 4:00-4:45pm</p> <p>SNACK TIME 4:45-5:00pm</p> <p>Baking Buddies Soccer & Basketball Artful Adventures 5:00-6:00pm</p> <p>JUNIOR PICK-UP 6:00pm</p> <p>Open Gym Gal Pals 6:00-7:00pm</p> <p>Leaders 4 Life 6:00-8:00pm</p> <p>INTERMEDIATE PICK-UP 7:00pm</p> <p>Snack Attack Open Gym 7:00-8:00pm</p>	<p>Homework Club Wacky Science 4:00-4:45pm</p> <p>SNACK TIME 4:45-5:00pm</p> <p>Artful Adventures World Cup Soccer Marlo Kart Tournery 5:00-6:00pm</p> <p>JUNIOR PICK-UP 6:00pm</p> <p>Soccer Scramble 6:00-7:00pm</p> <p>Brave Spaces Learn ON This Way Onward 6:00-8:00pm</p> <p>INTERMEDIATE PICK-UP 7:00pm</p> <p>Open Gym 7:00-8:00pm</p>	<p>Homework Club Around the World (cooking program) 4:00-4:45pm</p> <p>SNACK TIME 4:45-5:00pm</p> <p>Dance Volleyball & Badminton Uno Tournery 5:00-6:00pm</p> <p>JUNIOR PICK-UP 6:00pm</p> <p>4K Tournery Girls Only Gym 6:00-7:00pm</p> <p>Teen Art Fusion 6:00-8:00pm</p> <p>INTERMEDIATE PICK-UP 7:00pm</p> <p>Foosball & Ping-Pong Open Gym 7:00-8:00pm</p>	<p>Artful Adventures Movie Night Capture the Flag 4:00-4:45pm</p> <p>SNACK TIME 4:45-5:00pm</p> <p>Artful Adventures Dodgeball Movie Night 5:00-6:00pm</p> <p>JUNIOR PICK-UP 6:00pm</p> <p>Baking Bonanza Ping-Pong Tournery & Video Games 5v5 Basketball 6:00-8:00 pm</p> <p>INTERMEDIATE PICK-UP 7:00pm</p>

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EQUITY, DIVERSITY AND INCLUSION

In 2023, BGC Ottawa continued implementing its action plan on Equity, Diversity and Inclusion. Several initiatives continued to take place, including the launch of our first staff and Board EDI Town Hall.



✓ In April 2023, the first EDI Town Hall was held at our Tomlinson Family Foundation Clubhouse. The Town Hall brought together BGC Ottawa staff and Board to review and discuss current progress and challenges in its equity journey.

✓ The Town Hall served as an opportunity to discuss progress in the six key areas of focus in the EDI Action Plan: Leadership, Human Resources, Communications, Service Delivery, Community Engagement, and Quality Standards and Accountability.

✓ Special guest, Mante Molepo, spoke on the importance of EDI in governance and stressed the need for more than just representation in EDI policies. She called for diversity in leadership roles and the inclusion of diverse and intersectional perspectives in decision-making processes to aid in sustainability.

✓ Participants reviewed the importance of having open dialogues about racism, allocating resources for EDI projects, and the importance of accountability for implementation.

✓ Achievements highlighted included the creation of an Equity Policy, the Self-Assessment of Growth in Equity tool (SAGE), updating the collection of key Member demographic data and more.

✓ Challenges related to EDI work were also discussed, including some discomfort in discussing race and discrimination, limited knowledge of the connection between injustices and the work being done at BGC Ottawa and brainstorming strategies and recommendations to overcome these challenges.



On-going Equity, Diversity and Inclusion activities in 2023:

- ✓ Staff Equity Working Group .
- ✓ On-going Board Equity Learning Sessions.
- ✓ Staff Quarterly Learnings on: Islamophobia, Black History Month, Anti-Asian Discrimination and Power and Privilege.
- ✓ Annual participation in the Ottawa Capital Pride Parade.
- ✓ Clubhouse programming focused on Orange Shirt Day and National Day for Truth and Reconciliation.



Ottawa

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