

5. Councillors T. Kavanagh and A. Hubley – Supporting Aging in Place through Naturally Occurring Retirement Communities
- Conseillère T. Kavanagh et Conseiller A. Hubley – Favoriser le vieillissement chez soi grâce aux communautés de retraite naturelle

Committee Recommendation(s)

That Council :

1. Request that the Government of Canada develop a national strategy to better support Naturally Occurring Retirement Communities (NORCs) model in their programming to enable aging in place across the country; and
2. Request that the Province of Ontario and the Government of Canada establish long-term sustainable funding streams to support capital infrastructure and programming costs associated with Naturally Occurring Retirement Communities; and
3. Request that the Province of Ontario explore opportunities streamline home care services in Naturally Occurring Retirement Communities in order to simplify older adults' access to services and refine the current fragmented system; and
4. Direct staff to incorporate into the upcoming Ottawa's Older Adult Plan the collaboration with community partners to monitor and provide up to date information on the prevalence of apartment-based ("vertical") and neighborhood-based ("horizontal") NORCs in Ottawa to support infrastructure and program planning; and
5. Direct staff to incorporate into the upcoming Ottawa's Older Adult Plan the development of a NORC collaboration network with community partners to enhance community-based aging in place services.

Recommandation(s) du Comité

Que le Conseil :

- 1. Demande au gouvernement fédéral d'élaborer une stratégie nationale pour mieux soutenir les communautés de retraite naturelle dans leurs programmes visant à favoriser le vieillissement chez soi partout au pays; et**
- 2. Demande au gouvernement de l'Ontario et à celui du Canada de créer des voies de financement pérennes et viables pour financer les infrastructures et les programmes propres aux communautés de retraite naturelle; et**
- 3. Demande au gouvernement de l'Ontario d'étudier les possibilités de normalisation des soins à domicile dans les communautés de retraite naturelle afin de faciliter l'accès des personnes âgées aux services et d'améliorer le système actuellement fragmenté; et**
- 4. Demande au personnel de prévoir dans le prochain Plan relatif aux personnes âgées une collaboration avec les partenaires communautaires pour que l'on puisse disposer de renseignements à jour sur le nombre de communautés de retraite naturelle à Ottawa formées d'immeubles d'appartements (communautés « verticales ») et de quartiers (communautés « horizontales ») et en suivre l'évolution, afin d'orienter la planification des infrastructures et des programmes; et**
- 5. Demande au personnel d'intégrer au prochain Plan relatif aux personnes âgées la création d'un réseau collaboratif entre les communautés de retraite naturelle et les partenaires communautaires en vue d'améliorer les services communautaires favorisant le vieillissement chez soi.**

Documentation/Documentation

1. Extract of the draft Minutes, Community Services Committee, April 22, 2025.
Extrait de l'ébauche du procès-verbal, Comité des services communautaires, le 22 avril 2025.
2. Councillors' Report submitted to Community Services Committee on April 22, 2025. (ACS2025-OCC-CCS-0049)
Rapport de membres soumis au Comité des services communautaires le 22 avril 2025. (ACS2025-OCC-CCS-0049)

**Community Services Committee
Report 15
April 30, 2025**

4

**Comité des services
communautaires
Rapport 15
Le 30 avril 2025**

Extract of Draft Minutes 15

**Community Services Committee
April 22, 2025**

**Extrait de l'ébauche
du procès-verbal 15
Comité des services communautaires
Le 22 avril 2025**

Councillors T. Kavanagh and A. Hubley – Supporting Aging in Place through Naturally Occurring Retirement Communities

File No. ACS2025-OCC-CCS-0049 – City-wide

Councillor T. Kavanagh presented an overview of the report.

Committee received a letter dated April 22 from the Council on Aging of Ottawa. A copy is filed with the Office of the City Clerk.

The following members of the public spoke before the Committee and provided comments on the item:

- Colleen Taylor (The Olde Forge Community Resource Centre)
- Sharon Moon (Ambleside Oasis)
- Vincent DePaul (National Oasis Project, Queen's University) – slides on file
- Jenny Brooks and Bonnie Schroeder (The Council on Aging of Ottawa)
- Lynne Davidson-Fournier (Alta Vista Community Association) – speaking notes and slides on file

Following discussions, the Committee considered the motion and report recommendation(s) as follows:

Report Recommendation(s)

That the Community Services Committee recommend that Council:

- 1. Request that the Government of Canada develop a national strategy to better support Naturally Occurring Retirement Communities (NORCs)**

model in their programming to enable aging in place across the country;
and

2. **Request that the Province of Ontario and the Government of Canada establish long-term sustainable funding streams to support capital infrastructure and programming costs associated with Naturally Occurring Retirement Communities; and**
3. **Request that the Province of Ontario explore opportunities streamline home care services in Naturally Occurring Retirement Communities in order to simplify older adults' access to services and refine the current fragmented system; and**
4. **Direct staff to incorporate into the upcoming Ottawa's Older Adult Plan the collaboration with community partners to monitor and provide up to date information on the prevalence of apartment-based ("vertical") and neighborhood-based ("horizontal") NORCs in Ottawa to support infrastructure and program planning; and**
5. **Direct staff to incorporate into the upcoming Ottawa's Older Adult Plan the development of a NORC collaboration network with community partners to enhance community-based aging in place services.**

Carried as amended

Motion No. CSC 2025-15-01

Moved by T. Kavanagh

WHEREAS Councillors T. Kavanagh and A. Hubley were both appointed as Council Liaisons for the Older Adults initiative and collaborated on this report;

WHEREAS the City collaborated with stakeholders on the first Ottawa Oasis project, supporting its success;

**THEREFORE BE IT RESOLVED THAT the title of the report be amended to
“Councillors T. Kavanagh and A. Hubley – Supporting Aging in Place through
Naturally Occurring Retirement Communities;”**

**BE IT FURTHER RESOLVED THAT the following paragraph in the “Discussion”
section of the report be amended as follows:**

The first Ottawa Oasis project in the Ambleside Naturally Occurring Retirement Community is supported by a collaboration between the residents of Ambleside Condominiums, Queen’s University as the funders and researchers, Olde Forge Community Resource Centre as the on-site program provider and The Council on Aging of Ottawa as the advocate/champion. Since its inception in 2023, the program has demonstrated positive outcomes in social connection, nutrition, mental health and physical fitness, thereby supporting many older adults to age at home. The project has also provided access to community health supports for older adults without a primary physician. The success of the project has resulted in reduction in emergency room visits since has been implemented.

Carried