



## **Ottawa Board of Health MINUTES 12**

**Thursday, November 3, 2016, 5:00 PM  
Champlain Room, 110 Laurier Avenue West**

**Contact for the Ottawa Board of Health:  
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*Note: Please note that the Minutes are to be considered DRAFT until confirmed by the Board of Health.*

### **Board Members:**

**Chair: S. Qadri**

**Vice-Chair: J. Poirier**

**Members: D. Chernushenko, M. Fleury, A. Kapur, L. Leikin, C. McKenney, S. Pinel,  
M. Qaqish, M. Taylor, P. Tilley**

The Ottawa Board of Health met in the Champlain Room, 110 Laurier Avenue West, Ottawa, on Thursday, November 3, 2016 beginning at 5:00 PM.

The Chair, Shad Qadri, presided over the meeting.

#### ANNOUNCEMENTS/CEREMONIAL ACTIVITIES

**Chair Qadri presented a certificate to Ottawa Public Health employees in recognition of the Government Technology Exhibition and Conference (GTEC) award nomination for the Parenting in Ottawa website and Facebook pages, and in appreciation of all employees who contributed to this innovative project.**

**Ms. Gillian Connelly, accepted the certificate on behalf of staff, noting the particular contributions of a number of employees.**

#### ROLL CALL

**Member Tilley was absent from the meeting.**

#### REGRETS

**Member Tilley sent his regrets.**

#### DECLARATIONS OF PECUNIARY INTEREST(INCLUDING THOSE ORIGINALLY ARISING FROM PRIOR MEETINGS)

**No declarations of pecuniary interest were filed.**

## CONFIRMATION OF MINUTES

### Confirmation of the Minutes of the meeting of October 17, 2016

CONFIRMED

## COMMUNICATIONS

**Two communication items were received** (*held on file with the Board of Health Secretary*)

## MOTION TO INTRODUCE REPORTS

### Motion 12/01

Moved by Member Fleury

**BE IT RESOLVED THAT the Chair of the Board of Health Verbal Report; the Medical Officer of Health Verbal Report; 2017 Draft Operating Budget for the Ottawa Board of Health–Tabling report; Sesquicentennial Celebrations – Ottawa Public Health Implications report; Regulating Personal Services Settings report; Towards a Culture of Alcohol Moderation report; Health Inequities in Ottawa: Implications for Action by Ottawa Public Health report; and the Ottawa Board of Health 2017 Meeting Schedule report be received and considered.**

CARRIED

1. CHAIR OF THE BOARD OF HEALTH VERBAL REPORT

ACS2016-OPH-BOH-0006

**That the Board of Health for the City of Ottawa Health Unit receive this report for information.**

Chair Qadri provided the Board with an update on recent events. The attached memo includes the Chair of the Board of Health Verbal Update.

The report recommendation was then put to the Board.

RECEIVED

2. MEDICAL OFFICER OF HEALTH VERBAL REPORT

ACS2016-OPH-MOH-0007

**That the Board of Health for the City of Ottawa Health Unit receive this report for information.**

Dr. Isra Levy, Medical Officer of Health, provided the Board with an update on recent developments. The attached memo includes the Medical Officer of Health Verbal Update.

The report recommendation was then put to the Board.

RECEIVED

3. 2017 DRAFT OPERATING BUDGET FOR THE OTTAWA BOARD OF HEALTH

ACS2016-OPH-IQS-0009

**That, at its meeting of November 3, 2016, the Board of Health for the City of Ottawa Health Unit:**

- 1. Receive and table the 2017 Draft Operating Budget for the Ottawa Board of Health; and**
- 2. Direct staff to forward the 2017 Draft Operating Budget for the Ottawa Board of Health to Ottawa City Council on November 9 2016, as part of the City Council's tabling of the City of Ottawa 2017 Draft Operating and Capital budget.**

Ms. Esther Moghadam, Deputy Director and Chief Nursing Officer, Health Promotion and System Support Branch, and Ms. Brenda Gorton, Account Manager of Financial Services Unit, spoke to a PowerPoint presentation, which served to provide the Board with some context on this report. Ottawa Public Health staff took questions from Board members. This discussion lasted approximately 10 minutes. A copy of the presentation is held on file with the Board of Health Secretary.

Following the discussion, the report recommendations 1 and 2 were put to the Board.

RECEIVED and TABLED

4. **SESQUICENTENNIAL CELEBRATIONS – OTTAWA PUBLIC HEALTH IMPLICATIONS**

ACS2016-OPH-EHP-0001

**That the Board of Health for the City of Ottawa Health Unit:**

- 1. Receive for information this report, which provides an overview of additional pressures and potential implications related to the**

**sesquicentennial celebrations planned for 2017; and**

- 2. Direct staff to explore alternative funding opportunities to offset added operational costs due to the sesquicentennial celebrations planned for 2017 and report back to the Board as appropriate.**

Chair Qadri introduced the report, and Dr. Isra Levy took questions from Board Members. This discussion lasted approximately 5 minutes.

The report recommendations were then put to the Board.

CARRIED

5. REGULATING PERSONAL SERVICES SETTINGS

ACS2016-OPH-EHP-0002

**That the Board of Health for the City of Ottawa Health Unit:**

- 1. Receive the results of the 2015 public consultation survey with respect to Personal Services Settings, as outlined at Document 1; and**
- 2. Recommend that Council direct relevant City Departments work with Ottawa Public Health staff to bring forward a by-law to register and regulate Personal Services Settings, for consideration by the appropriate Standing Committee and Council.**

Dr. Vera Etches, Deputy Medical Officer of Health, and Ms. Siobhan Kearns, Senior Public Health Inspector and Manager, Environment and Health Protection, spoke to a PowerPoint presentation, which served to provide the Board with context on this report. Dr. Etches and Ms. Kearns then took questions from Board Members. This discussion lasted approximately 45 minutes. A copy of the presentation is held on file with the Board of Health Secretary.

Following the discussion, the report recommendations were put to the Board.

CARRIED

DIRECTION TO STAFF:

That the Medical Officer of Health provide updates to the Board of Health, as appropriate, with respect to the development of the proposed registration by-law.

6. TOWARDS A CULTURE OF ALCOHOL MODERATION

ACS2016-OPH-HPDP-0007

**That the Board of Health for the City of Ottawa Health Unit:**

- 1. Receive for information the *Status of Alcohol in Ottawa: Let's Continue the Conversation* report, attached at Document 1; and**
- 2. Approve a community engagement approach for the strategic initiative *Towards a Culture of Alcohol Moderation*, as outlined in this report.**

Ms. Jacqueline Roy, Program Manager, Prevention of Injury and Substance Misuse, Ms. Gillian Connelly, Manager, Health Promotion Disease Prevention, and Ms. Jacqueline Willmore, Epidemiologist, spoke to a PowerPoint presentation, which served to provide the Board with some context on this report.

At 6:52 p.m., Member Fleury moved a motion to extend the meeting.

**MOTION 12/02**

Moved by Member Fleury

**BE IT RESOLVED THAT the Board of Health approve that the meeting time be extended past 7:00 p.m. pursuant to Subsection 8.(1)(c) of the *Procedural By-law*.**

CARRIED

Ms. Roy, Ms. Connelly and Ms. Willmore then took questions from Board members. This discussion lasted approximately 35 minutes. A copy of the presentation is held on file with the Board of Health Secretary.

The report recommendations were then put to the Board.

CARRIED

7. HEALTH INEQUITIES IN OTTAWA: IMPLICATIONS FOR ACTION BY OTTAWA PUBLIC HEALTH

ACS2016-OPH-CP-0002

**That the Board of Health for the City of Ottawa Health Unit:**

- 1. Receive for information the technical report titled “Health Equity and Social Determinants of Health in Ottawa”, at Document 1;**
- 2. Approve the National Collaborating Centre for Determinants of Health’s framework for Public Health Roles to Improve Health Equity as Ottawa Public Health’s guide to action on health equity, as described in this report; and**
- 3. Approve that Ottawa Public Health enhance the assessment and reporting of health inequities in Ottawa, as described in this report.**

Mr. Andrew Hendriks, Manager, Clinical Programs, and Mr. Cameron McDermaid, Epidemiologist, spoke to a PowerPoint presentation, which served to provide the Board with some context on this report. A copy of the presentation is held on file with the Board of Health Secretary.

The report recommendations were then put to the Board.



CARRIED

8. 2017 OTTAWA BOARD OF HEALTH MEETING SCHEDULE

ACS2016-OPH-SSB-0006

**That the Board of Health for the City of Ottawa Health Unit approve the 2017 meeting schedule, as outlined in this report.**

CARRIED

MOTION TO ADOPT REPORTS

**Motion 12/03**

Moved by Member Fleury

**BE IT RESOLVED THAT the Chair of the Board of Health Verbal Report; the Medical Officer of Health Verbal Report; 2017 Draft Operating Budget for the Ottawa Board of Health–Tabling report; Sesquicentennial Celebrations – Ottawa Public Health Implications report; Regulating Personal Services Settings report; Towards a Culture of Alcohol Moderation report; Health Inequities in Ottawa: Implications for Action by Ottawa Public Health report; and the Ottawa Board of Health 2017 Meeting Schedule report be received and adopted.**

CARRIED

MOTIONS OF WHICH NOTICE HAS BEEN GIVEN PREVIOUSLY

**There were no motions of which notice had been given previously.**

MOTIONS REQUIRING SUSPENSION OF THE RULES OF PROCEDURE

**There were no motions requiring suspension of the rules of procedure.**

NOTICES OF MOTION (FOR CONSIDERATION AT SUBSEQUENT MEETING)

**There were no Notices of Motions (for consideration at subsequent meeting).**

INFORMATION PREVIOUSLY DISTRIBUTED

**There was no information previously distributed.**

CONFIRMATION BY-LAW

**Motion 12/04**

Moved by Member Fleury

**BE IT RESOLVED THAT Confirmation By-law no. 2016-5, a by-law of the Board of Health for the City of Ottawa Health Unit to confirm the proceedings of the Ottawa Board of Health at its meeting of November 3,**

**2016, be read and passed.**

CARRIED

#### INQUIRIES AND ANSWERS

**There were no inquiries.**

#### ADJOURNMENT

**The Board adjourned the meeting at 7:13 p.m.**

#### NEXT MEETING

##### **Special Meeting**

Monday, December 5, 2016 - 5:00 PM – Champlain Room

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**BOARD SECRETARY**

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**BOARD CHAIR**

MEMO / NOTE DE SERVICE

TO: Board of Health for the City of Ottawa Health Unit

DESTINATAIRE : Conseil de santé de la circonscription sanitaire de la ville d'Ottawa

FROM: Councillor Shad Qadri

Contact:

*Councillor Shad Qadri*

*Chair, Ottawa Board of Health*

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EXPÉDITEUR : Conseiller Shad Qadri

Personne ressource :

*Conseiller Shad Qadri*

*Président, Conseil de santé d'Ottawa*

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*shad.qadri@ottawa.ca*

DATE: November 3, 2016

3 novembre 2016

FILE NUMBER: ACS2016-OPH-BOH-0006

SUBJECT: **CHAIR OF THE BOARD OF HEALTH VERBAL REPORT**

OBJET : **RAPPORT VERBAL DU PRÉSIDENT DU CONSEIL DE SANTÉ**

*Check upon delivery*

Hello everyone, bonjour à tous. We have a full agenda this afternoon. So let's get started.

I have just a few events, which I would like to highlight as part of my verbal update this evening.

I would like to begin by highlighting the recent launch of a new online video series that addresses the importance of mental health in the workplace.

The videos were developed by Ottawa Public Health in collaboration with our partners at the Mental Health Commission of Canada to foster mental health in our community, and to help improve the psychological health and safety of employees.

Research has shown that mental health disability claims have overtaken cardiovascular disease as the fastest growing category of disability costs in Canada.

On average, Canadian workers spend about 60 per cent of their waking hours at work, while 70 per cent of working Canadians are concerned about psychological health and safety in the workplace.

I believe there is no health without mental health. And I encourage you to check out the videos at: [www.HaveThatTalk.ca](http://www.HaveThatTalk.ca)

Talking about mental health and wellness at work opens the door to 'have that talk' at home, with friends and in the community.

Next, you will recall at our meeting last November that we welcomed Allison Fisher, Executive Director of the Wabano Centre for Aboriginal Health, to provide an update on Dental Health Services in Ottawa. At that time, we were announcing that Ottawa Public Health received 100% provincial funding to build a dental clinic at the Wabano Centre for Aboriginal Health to provide preventive and treatment services in a culturally safe environment.

I am proud to say that on October 21<sup>st</sup> I attended the opening of the new Wabano Dental Clinic and presented Ms. Fisher with a congratulatory certificate on behalf of Mayor Jim Watson and the City of Ottawa. It was a wonderful event, and I was joined by our Board colleague, Councillor Matthieu Fleury, along with:

- Elder Paul Shanks
- MPP John Fraser
- Dr. Martin Lin, Vice-President of the Ottawa Dental Society
- Dr. Vera Etches, Deputy Medical Officer of Health, Ottawa Public Health, and,
- The Wabano dental team: Dr Sylvain Quirion (dentist); Ms. Keisha Manning (dental assistant), Ms. Zena Tomlin-Cortez

The new Wabano Dental Clinic will:

- Improve equitable and timely access to dental health treatment and prevention services;
- Provide services in a culturally safe place;
- Improve health outcomes, such as being free from infection and oral pain; and
- Maximize system efficiency integration services in to an already well-established agency.

Together with the Wabano Centre for Aboriginal Health, OPH will continue its work to ensure that eligible Ottawa residents continue to receive accessible public health dental services.

Finally, on November 24<sup>th</sup>, the Infant and Early Childhood Mental Health Steering Committee is hosting an important Community Leaders Networking Breakfast.

Children's Mental Health Ontario tells us that more than 500,000 young children in Ontario, or 1 in 5 – have mental health problems. This may include depression, anxiety, bipolar disorder, schizophrenia, and post-traumatic stress, among others.

In Ottawa, since 2010, mental health emergency visits at CHEO have increased by 75%. Our vision is for children and youth in Ottawa to have the opportunity to reach their full potential.

This networking breakfast event is an opportunity to engage community leaders and local service providers in developing a collective voice on the importance of promoting and protecting infant and early childhood mental health.

If you have not already RSVP'd for this event, I encourage you to do so by contacting Diane Blais, our Board Secretary.

I look forward to joining with you to talk about the future of children in Ottawa.

That concludes my comments this evening. I would be happy to take any questions from members of the Board.

Thank you, merci.

MEMO / NOTE DE SERVICE

TO: Board of Health for the City of Ottawa Health Unit

DESTINATAIRE : Conseil de santé de la circonscription sanitaire de la ville d'Ottawa

FROM: Dr. Isra Levy  
Ottawa Public Health

Contact:  
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EXPÉDITEUR : D<sup>r</sup> Isra Levy  
Santé publique Ottawa

Personne ressource :  
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*Médecin chef en santé publique*  
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DATE: November 3, 2016

3 novembre 2016

FILE NUMBER: ACS2016-OPH-MOH-0007

SUBJECT: **MEDICAL OFFICER OF HEALTH VERBAL REPORT**

OBJET : **RAPPORT VERBAL DU MÉDECIN CHEF EN SANTÉ PUBLIQUE**

*Check upon delivery*

Hello everyone, bonjour à tous.

You'll be pleased to know that my comments tonight are brief. I want to touch, only, on the federal government's multi-year Healthy Eating Strategy, which Minister Philpott announced about 10 days ago.

Health Canada has started a process to implement a comprehensive Healthy Eating Strategy. The idea is to place an ever greater emphasis on scientific evidence to better support Canadians in making healthier food choices. That will show in a planned

revision of Canada's Food Guide to provide better nutritional advice to Canadians, and new approaches to **labeling and health claims on food and beverages. Also envisioned are regulatory approaches**, including restricting marketing of unhealthy foods and beverages to young audiences; reducing the sodium content in prepackaged and restaurant foods, and considering the elimination of industrially-produced trans fat in foods.

Currently, a government consultation is focused on the healthy eating information portion of this strategy. Health Canada has opened consultation on the revision to the Food Guide, which is available online until December 8, 2016. OPH will provide a response from professional staff to the online questionnaire. A response from OPH professional staff will also be provided on the front-of-package nutrition labelling consultation, which Health Canada expects to launch in the next few weeks.

I have publicly welcomed the announcement of a strategy to address an individual's nutrition knowledge and skills, as well as improving the food environment, because this initiative, along with the provincial menu labelling regulations, has the potential to complement the work we are doing locally in the context of our own Healthy Eating Active Living strategy.

### **Budget Introduction (including Ottawa 2017 celebration implications)**

I want to also briefly mention OPH's proposed 2017 budget, which will be tabled this evening.

As you know, we are will continue to be stretched to meet community health needs in 2017. Areas of pressure include needs related to overdose prevention, indigenous health and mental health, as well as legacy IT systems used to deliver patient and client services. In addition, 2017 in the nation's capital brings with it great excitement as we prepare for Canada's 150<sup>th</sup> birthday and the associated celebrations. We are anticipating an increase in the number of special events in Ottawa in 2017, which is associated also with increased need for service in the area of health hazard investigation and food premise inspection. The balanced, 2017 budget being tabled this evening accounts for these challenges and pressures. Further funding opportunities are being explored to address these community needs and several efficiencies have been identified to address these emerging challenges.

Merci beaucoup. That concludes my report for this evening.