

MEMO / NOTE DE SERVICE

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TO: Board of Health for the City of Ottawa Health Unit

DESTINATAIRE : Conseil de santé de la circonscription sanitaire de la ville d'Ottawa

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FILE NUMBER: ACS2017-OPH-HPDP-0002-IPD

SUBJECT: ACTION PLAN TOWARDS SMOKE-FREE OTTAWA HOSPITALS

OBJET: PLAN D'ACTION VERS LES HÔPITAUX D'OTTAWA SANS FUMÉE

PURPOSE

The purpose of this memo is to provide the Board of Health with an update on Ottawa Public Health's (OPH) continuous work with partners to increase smoke-free spaces in Ottawa. OPH and Ottawa's six hospitals have developed an action plan to implement

amendments to the *Smoke-Free Ontario Act* (SFOA). The memo provides an update on progress towards this action plan.

BACKGROUND

The SFOA prohibits smoking tobacco in all enclosed workplaces and enclosed public places, as well as other designated places in Ontario, to protect workers and the public from the hazards of second-hand smoke. Amendments to the SFOA, which came into effect on January 1, 2016, prohibit smoking on outdoor hospital grounds, including hospital owned parking lots, with exemption for one designated smoking area (DSA) at each facility. Starting January 1, 2018, smoking will be prohibited on all hospital grounds with no DSA.

Prior to these amendments, smoking was banned inside hospitals and 9 meters from entrances and exits.

The Medical Officer of Health hosted a meeting with Chief Executive Officer's of all Ottawa hospitals in February 2016 to discuss working together to implement the SFOA amendments. The Ottawa Smoke-Free Hospital Network formulated an action plan focusing on three areas: consistent communication; smoking cessation services to patients, visitors and staff; and increased enforcement efforts.

Partners of the Action Plan include: The Ottawa Hospital; Children's Hospital of Eastern Ontario; The Royal Ottawa Mental Health Centre; Hôpital Montfort; Bruyère Continuing Care; Queensway-Carleton Hospital; and OPH.

WORK TO DATE

In October 2016, the Medical Officer of Health hosted another meeting with CEOs to discuss progress, challenges and opportunities for 2017 and beyond. The progress to date on the Ottawa Smoke-Free Hospital Network Action Plan is outlined below.

Communications Workgroup:

- A unified communication campaign was developed, with common messaging and branding. Targeted campaigns have been launched at the hospitals, and a city-wide campaign will be launched in late 2017, which aligns with the full implementation of smoke-free hospital grounds.
- A Community Outreach Plan was developed to facilitate meetings with local stakeholders in order to mitigate community specific issues.

Cessation Workgroup:

- MyQuit cessation services will be promoted for visitors and tailored services will be provided to hospital staff.
- The Ottawa Heart Institute continues to implement the Ottawa Model for smoking cessation to support inpatients. The Ottawa Model is a systematic evidence-based approach to smoking cessation within healthcare settings.

Enforcement Workgroup:

- Conflict Resolution Training was provided to 15 hospital security staff with representation from all hospitals.
- Joint funding agreement was reached between all hospitals, OPH and By-law and Regulatory Services in order to hire a Tobacco Enforcement Officer for 18 months.
- Joint enforcement inspections were conducted between SFOA Tobacco Enforcement Officer and hospital security staff.

NEXT STEPS

The Ottawa Smoke-Free Hospital Network will develop a public education campaign to inform the public, hospital staff and visitors about all hospital property becoming 100% smoke-free as of January 1, 2018 under the SFOA. Work will continue to provide and fund cessation services to patients and promoting local services to staff and visitors. Increased enforcement services will be provided to all hospitals to ensure a high level of compliance for smoke-free hospital property.

'Original signed by'

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