



Ottawa Board of Health

MINUTES 16

Monday, June 19, 2017, 5:00 PM

Champlain Room, 110 Laurier Avenue West

Contact for the Ottawa Board of Health:

Diane Blais, Board of Health Secretary

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Note: Please note that the Minutes are to be considered DRAFT until confirmed by the Board of Health.

Board Members:

Chair: S. Qadri

Vice-Chair: J. Poirier

**Members: D. Chernushenko, M. Fleury, A. Kapur, L. Leikin, C. McKenney, S. Pinel,
M. Qaqish, M. Taylor, P. Tilley**

The Ottawa Board of Health met in the Champlain Room, 110 Laurier Avenue West, Ottawa, on Monday, June 19, 2017 beginning at 5:00 PM.

The Chair, Shad Qadri, presided over the meeting.

ANNOUNCEMENTS/CEREMONIAL ACTIVITIES

Chair Qadri introduced Elders Sally Webster, Senator Reta Gordon and Thomas Louttit, who offered opening prayers in recognition of National Aboriginal History Month.

ROLL CALL

Member Pinel was absent from the meeting.

REGRETS

Member Pinel sent regrets.

DECLARATIONS OF PECUNIARY INTEREST (INCLUDING THOSE ORIGINALLY ARISING FROM PRIOR MEETINGS)

No declarations of pecuniary interest were filed.

CONFIRMATION OF MINUTES

Confirmation of the Minutes of the meeting of April 3, 2017.

CONFIRMED

COMMUNICATIONS

Twenty-three communication items have been received (*held on file with the Board of Health Secretary*)

MOTION TO INTRODUCE REPORTS

Motion 16/01

Moved by Member Kapur

BE IT RESOLVED THAT the Chair of the Board of Health Verbal Report; Medical Officer of Health Verbal Report; Public Health Support for Actions that Promote Reconciliation and Advance Indigenous Health Equity: Update; Update on Ottawa Public Health's Immunization Strategy; Update on Ottawa Public Health's Plan to Foster Mental Health in Our Community; Legalization of Cannabis – A Public Health Approach to Minimize Harms of Use; Harm Reduction and Overdose Prevention – Overview and Update; and 2017 Operating Budget Q1 – Board of Health for the City of Ottawa Health Unit Status Report be received and considered; and

BE IT FURTHER RESOLVED THAT the Rules of Procedure be suspended to consider the following additional item due to the timelines associated with same:

- **Report from the Medical Officer of Health titled *Appointment of an Associate Medical Officer of Health – In Camera – Personal Matters About an Identifiable Individual - Reporting Out Date: Upon Council***

CARRIED

Following a 'Consent Agenda' process, the Board considered the held Items in the following order: Items 1, 2, 4, 6, and 7.

1. CHAIR OF THE BOARD OF HEALTH VERBAL REPORT

ACS2017-OPH-BOH-0003

That the Board of Health for the City of Ottawa Health Unit receive this report for information.

Chair Qadri provided the Board with an update on recent events. The Chair's verbal report took approximately 10 minutes. The attached memo includes the Chair of the Board of Health Verbal Update.

The report recommendation was put to the Board.

RECEIVED

2. MEDICAL OFFICER OF HEALTH VERBAL REPORT

ACS2017-OPH-MOH-0003

That the Board of Health for the City of Ottawa Health Unit receive this report for information.

Dr. Isra Levy, Medical Officer of Health, provided the Board with an update on recent events and took questions from Board members. This discussion lasted approximately 16 minutes. The attached memo includes the Medical Officer of Health Verbal Update.

Following the discussion, the report recommendation was put to the Board.

RECEIVED

3. PUBLIC HEALTH SUPPORT FOR ACTIONS THAT PROMOTE RECONCILIATION AND ADVANCE INDIGENOUS HEALTH EQUITY: UPDATE

ACS2017-OPH-CP-0003

That the Board of Health for the City of Ottawa Health Unit receive this report for information.

RECEIVED

4. UPDATE ON OTTAWA PUBLIC HEALTH'S IMMUNIZATION STRATEGY

ACS2017-OPH-HPDP-0004

That the Board of Health for the City of Ottawa Health Unit:

- 1. Receive, for information, an update on implementation of Ottawa Public Health's Immunization Program: a multi-phased immunization strategy; and**
- 2. Approve that the Chair of the Board of Health write a letter to the Minister of Health and Long-Term Care recommending that social determinants of health data be collected and analysed in the Panorama database.**

Ms. Marie-Claude Turcotte, Program Manager, Vaccine Preventable Disease, accompanied by Ms. Gillian Connelly, Manager, Health Promotion and Disease Prevention, and Dr. Carolyn Pim, Associate Medical Officer of Health, spoke to a PowerPoint presentation, which served to provide the Board with some context on this report. Staff then took questions from Board members. This discussion lasted approximately 13 minutes. A copy of the presentation is held on file with the Board of Health Secretary.

Following the discussion, the report recommendations were put to the Board.

CARRIED

5. UPDATE ON OTTAWA PUBLIC HEALTH'S PLAN TO FOSTER MENTAL HEALTH IN OUR COMMUNITY

ACS2017-OPH-HPDP-0005

That the Board of Health for the City of Ottawa Health Unit receive this report for information.

RECEIVED

6. LEGALIZATION OF CANNABIS – A PUBLIC HEALTH APPROACH TO MINIMIZE HARMS OF USE

ACS2017-OPH-HPDP-0006

That the Board of Health for the City of Ottawa Health Unit:

1. **Receive, for information, an overview of Bills C-45 and C-46, as described in this report and detailed in Document 1; and**
2. **Approve that the Board of Health make recommendations to the federal government with respect to:**
 - a. **Regulating and restricting access to edible cannabis products within the current legalization time frame, as described in this report; and**
 - b. **Strengthening restrictions on packaging and labelling to require THC content and dose per serving size, health warnings, and plain**

packaging of cannabis products as described in this report.

Ms. Gillian Connelly, Manager, Health Promotion and Disease Prevention, accompanied by Ms. Jessica Brett, Public Health Nurse, Chronic Disease Prevention, spoke to a PowerPoint presentation, which served to provide the Board with some context on this report. The presentation took approximately six minutes. A copy of the presentation is held on file with the Board of Health Secretary.

The following delegations addressed the Board on the *Legalization of Cannabis – A Public Health Approach to Minimize Harms of Use* report. Ms. McDonald also provided a written submission, a copy of which is held on file with the Board of Health Secretary.

- Ms. Carol McDonald*, Ottawa Council on Smoking or Health- (agreed with report recommendations)
- Mr. Robert Cunningham, Canadian Cancer Society (agreed with report recommendations)

At 6:55 p.m., Member Kapur moved a motion to extend the meeting.

MOTION 16/02

Moved by Member Kapur

BE IT RESOLVED THAT the Board of Health approve that the meeting time be extended past 7:00 p.m. pursuant to Subsection 8.(1)(c) of the Procedural By-law.

CARRIED

After hearing from the delegations, staff took questions from Board members. This discussion lasted approximately 32 minutes.

Following the discussion, the report recommendations were put to the Board.

CARRIED

DIRECTIONS TO STAFF:

1. That the Board of Health communication to the federal government, further to recommendation 2, include reference to issues within provincial jurisdiction on which the Board is on record as having supported a certain position, such as minimum age, alignment with the *Smoke-Free Ontario Act*, etc., and that a copy of this submission also be sent to the provincial government.
 2. That the Board of Health communication to the federal government also include reference to public health measures that should be in place prior to legalization, such as public education, health promotion, marketing, etc.
 3. That staff look into what would need to be put into place, at the municipal level, in order to protect Ottawa residents from potential legislative and/or regulatory loopholes with respect to cannabis smoking in public.
7. HARM REDUCTION AND OVERDOSE PREVENTION – OVERVIEW AND UPDATE

[ACS2017-OPH-CP-0002](#)

That the Board of Health for the City of Ottawa Health Unit receive this report for information.

Mr. Andrew Hendriks, Manager, Clinical Programs, and Ms. Gillian Connelly, Manager, Health Promotion and Disease Prevention, spoke to a PowerPoint presentation, which served to provide the Board with some context on this report. Ottawa Public Health staff took questions from Board members. This discussion lasted approximately 43 minutes. A copy of the presentation is held on file with the Board of Health Secretary.

Following the discussion, the report recommendation was put to the Board.

RECEIVED

8. 2017 OPERATING BUDGET Q1 – BOARD OF HEALTH FOR THE CITY OF OTTAWA HEALTH UNIT STATUS REPORT

ACS2017-OPH-IQS-0006

That the Board of Health for the City of Ottawa Health Unit receive this report for information.

RECEIVED, as amended by the following motion

Motion 16/03

Moved by Member Kapur

WHEREAS staff has detected an error in Document 1 - Ottawa Public Health 2017 1st Quarter Operating Status Report whereby the line item in reference to “Clean Needle Distribution” indicates a YTD % Spent of 100% whereas it should indicate 3%;

THEREFORE, BE IT RESOLVED THAT Document 1 be replaced with the attached REVISED version.

CARRIED

IN CAMERA ITEMS*

9. APPOINTMENT OF AN ASSOCIATE MEDICAL OFFICER OF HEALTH – IN CAMERA – PERSONAL MATTERS ABOUT AN IDENTIFIABLE INDIVIDUAL. REPORTING OUT DATE: UPON COUNCIL APPROVAL.

ACS2017-OPH-MOH-0004

Issued separately

The Board approved the report recommendations without discussion, thereby eliminating the need to move *In Camera*.

That the Board of Health for the City of Ottawa Health Unit refer the following to Council, subject to the candidate providing a written acceptance of offer and proof of Fellowship from the Royal College of Physicians of Canada prior to June 22, 2017:

- 1. That Council recommend the appointment of Dr. Geneviève Cadieux as Associate Medical Officer of Health to the Minister of Health and Long-Term Care in accordance with the *City of Ottawa Act, 1999* and the *Health Protection and Promotion Act*; and**
- 2. Subject to approval of recommendation 1, that Council transmit its recommendation for approval of the appointment to the Minister of Health and Long-Term Care.**

REFERRED

NOTICE

In Camera Items are not subject to public discussion or audience. Any person has a right to request an independent investigation of the propriety of dealing with matters in a closed session. A form requesting such a review may be obtained, without charge, from the City's website or in person from the Chair of this meeting. Requests are kept confidential pending any report by the Meetings Investigator and are conducted without charge to the Requestor.

MOTION TO ADOPT REPORTS

Motion 16/04

Moved by Member Kapur

BE IT RESOLVED THAT the Chair of the Board of Health Verbal Report; Medical Officer of Health Verbal Report; Public Health Support for Actions that Promote Reconciliation and Advance Indigenous Health Equity: Update; Update on Ottawa Public Health's Immunization Strategy; Update on Ottawa Public Health's Plan to Foster Mental Health in Our Community; Legalization of Cannabis – A Public Health Approach to Minimize Harms of Use; Harm Reduction and Overdose Prevention – Overview and Update; 2017 Operating Budget Q1 – Board of Health for the City of Ottawa Health Unit Status Report; and *Appointment of an Associate Medical Officer of Health – In Camera Report* be received and adopted.

CARRIED

MOTIONS OF WHICH NOTICE HAS BEEN GIVEN PREVIOUSLY

There were no motions of which notice had been given previously.

MOTIONS REQUIRING SUSPENSION OF THE RULES OF PROCEDURE

As noted in the motion to introduce reports.

NOTICES OF MOTION (FOR CONSIDERATION AT A SUBSEQUENT MEETING)

There were no Notices of Motions (for consideration at a subsequent meeting).

INFORMATION PREVIOUSLY DISTRIBUTED

- A. WORKING WITH THE CHAMPLAIN LOCAL HEALTH INTEGRATION NETWORK (LHIN) ON HEALTH STATUS REPORTING

ACS2017-OPH-PHM-0001-IPD

RECEIVED

CONFIRMATION BY-LAW

Motion 16/05

Moved by Member Kapur

BE IT RESOLVED THAT Confirmation By-law no. 2017-3, a by-law of the Board of Health for the City of Ottawa Health Unit to confirm the proceedings of the Ottawa Board of Health at its meeting of June 19, 2017, be read and passed.

CARRIED

INQUIRIES

Vice-Chair Poirier on behalf of Member McKenney

This past weekend saw hundreds of participants at the Association of Community Organizations for Reform Now (ACORN) Canada National Convention in Ottawa. ACORN Canada and Ottawa ACORN are advocating for municipalities to establish Landlord licensing.

While the majority of regulations for landlord licensing would likely fall under the purview of Building Code Services and Property Standards, could Ottawa Public Health identify its role in ensuring landlords maintain units as to minimize health risks

to residents and best practices found in other municipalities surrounding this? This would include, but not be limited to, the maintenance of the heating, ventilation, air circulation and plumbing systems; and the prevention and control of pests.

ADJOURNMENT

The Board adjourned the meeting at 7:50 p.m.

NEXT MEETING

Regular Meeting

Monday, September 18, 2017 - 5:00 PM, Champlain Room, 110 Laurier Avenue West

BOARD SECRETARY

BOARD CHAIR

MEMO / NOTE DE SERVICE

TO: Board of Health for the City of Ottawa Health Unit

DESTINATAIRE : Conseil de santé de la circonscription sanitaire de la ville d'Ottawa

FROM: Councillor Shad Qadri

Contact:
Councillor Shad Qadri
Chair, Ottawa Board of Health
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DATE: June 19, 2017

19 juin 2017

FILE NUMBER: ACS2017-OPH-BOH-0003

SUBJECT: **CHAIR OF THE BOARD OF HEALTH VERBAL REPORT**

OBJET : **RAPPORT VERBAL DU PRÉSIDENT DU CONSEIL DE SANTÉ**

Check upon delivery

Good evening and thank you very much for joining us.

Tonight, I would like to begin by highlighting some recent work happening at Ottawa Public Health.

May was a busy month for OPH, starting with a significant mental health initiative. On May 4 2017, Ottawa Public Health, in partnership with Bell Let's Talk, launched the new have THAT talk video series and activity guide. These evidence-based videos were

developed with 15 local and national partners in the mental health field as well as individuals with lived experience. They offer tangible information on: *How to Talk about Your Mental Health; Reducing Stigma; Building Resilience; Caring for Yourself, The Caregiver; and Building Social Connections.*

An activity guide was also developed to accompany these new videos. We understand that this activity guide will be used in all four school boards in Ottawa to support positive mental health, to build resilience and coping skills and to reduce stigma. To date, the videos in this campaign have been viewed over 400,000 times by people from all around the world! Earlier this month, I might add, they were profiled in Globe and Mail.

May also saw us celebrating Nursing Week. The theme of this year's National Nursing Week was "Yes, this is nursing". The theme spoke to the expanding traditional and non-traditional roles of nurses. Councillor Taylor shared opening remarks with OPH's nurses and I would like to echo his comments here to say thank you to all OPH nurses for your continued dedication as professionals and as advocates of health promotion, education and disease prevention.

Finally, in May, OPH launched its *Secure Your Meds* campaign in collaboration with the Ottawa Overdose Prevention and Response Task Force. As we discussed at the last Board meeting, the opioid crisis in our community is a major challenge for all of us and we must take action. This is one of the reasons OPH launched the *Secure Your Meds* campaign, which encourages residents to secure medication in their household and to return unused medication to a pharmacy. We know that 13% of Ottawa teens use prescription drugs that were not prescribed for them and two-thirds got the drugs from a parent, sibling or someone else in their household. With this in mind, I think we all have a role to play and it can start in our homes: securing any prescription medication and returning unused or expired medications to your pharmacy.

Moving on to the marketing of unhealthy food and drinks, OPH launched its public consultation campaign starting with an online survey that went live last Monday to get feedback from the community. Feedback is being received through various platforms, including, as mentioned, the online survey at [HaveYourSayOttawa.ca](https://www.haveyoursayottawa.ca), in-person and web-based focus group sessions. Invitations to in-person and virtual consultations were sent to stakeholders including business, industry and sports and recreational associations. This week, on June 21, OPH will be holding a Facebook Live Event on our Parenting in Ottawa page, with a live video stream at noon featuring the Heart and Stroke Foundation. I look forward to hearing about the results of these consultation

efforts as we look at ways to protect vulnerable populations and support all residents in healthy eating and active living.

As many of you know, June is Employee Recognition Month across the City of Ottawa, including at Ottawa Public Health. Several Board members, including myself and Members Fleury and Tilley, are celebrating Ottawa Public Health employees at various Employee Recognition events. On behalf of the Board of Health, I would like to sincerely thank all Ottawa Public Health employees for the work they do every day to make all of Ottawa's communities places where people are healthy, safe and actively engaged in their well-being.

Employees have a lot to be proud of. Last Friday, several Ottawa Public Health (OPH) employees were recognized by the City Manager, Steve Kanellakos. He presented the 2017 City Manager's Award of Distinction to the Rideau Street Response Team for their exceptional contribution, dedication and exemplarity service to our people in the category of Collaboration and Relationship Building – Embodiment of the One City, One Team Vision.

Hilda Chow, Program Manager of Chronic Disease Prevention in the Health Promotion Disease Prevention Branch accepted the award on behalf of her OPH colleagues. I would like to congratulate employees who contributed to the Rideau Infrastructure Failure response, including: Craig Calder, Brenda MacLean, Hilda Chow, Matthieu Frappier, Michael Bennitz, Kerry Chouinard, Kathy Beauregard, Shana MacMahon, Zafar Ali, Christine Taylor, Sharon Wing, Andrea Cooper, MacKenzie Turner, Denise Hébert, Toni d'Ettorre, Eric Leclair, Dr. Robin Taylor, Kathy Downey, Siobhan Kearns, Carly Wolff and Michael Ferguson.

Several other OPH colleagues were recognized as nominees in the following categories:

Creativity and Innovation - Resident and Community focused: Christiane Bouchard, Kinga Charbot, Vera Etches, Andrew Hendriks, Ashley Levasseur, Tara Mann, Kim McDermid, Pamela Oickle, Tracy Rizok, Suzanne Rowland and Zhaida Uddin were recognized for their exceptional contributions to the success of two sexual health campaigns that offer increased sexual health services for Ottawa youth.

Servant Leadership: Andrew Hendriks was recognized for his on-going commitment and significant contributions to Ottawa Public Health (OPH) in the areas of employee engagement, leadership development, mentoring and on key public health files, most recently the Opioid Prevention Taskforce. Hilda Chow was also recognized for her

outstanding leadership and tireless efforts in preventing chronic disease in the community.

The City Manager's Award of Distinction is the highest distinction an employee can receive under the City's Employee Recognition Program. Please join me in congratulating all award recipients and nominees.

Finally, I also want to thank my colleagues on the Board for their dedication and leadership. Our Board members are consistently acting as ambassadors and champions for OPH programs and services and representing OPH across the community. For instance, on June 13, Member Taylor attended an event on behalf of the City of Ottawa and Ottawa Public Health to launch the *Eat Together Ottawa* campaign, which allows communities to come together to share a meal. This initiative brings awareness to our community about the impact food security and isolation can have on our overall physical and mental health. Member Pinel has expressed interest in getting involved in our Parenting in Ottawa outreach. These are just some of the ways the Board is championing OPH in connection with the community.

I will end on that note of thanks. That concludes my verbal report for this evening.

MEMO / NOTE DE SERVICE

TO: Board of Health for the City of Ottawa Health Unit

DESTINATAIRE : Conseil de santé de la circonscription sanitaire de la ville d'Ottawa

FROM: Dr. Isra Levy
Ottawa Public Health

Contact:
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DATE: June 19, 2017

19 juin 2017

FILE NUMBER: ACS2017-OPH-MOH-0003

SUBJECT: **MEDICAL OFFICER OF HEALTH VERBAL REPORT**

OBJET : **RAPPORT VERBAL DU MÉDECIN CHEF EN SANTÉ PUBLIQUE**

Check upon delivery

Bonsoir, good evening,

I too will begin my comments tonight by honouring the Algonquin people and acknowledging that we are meeting on the traditional territory of the Algonquin nation. I would also like to extend respect to all First Nations, Inuit and Métis peoples, their ancestors, and their Elders. And, thank you especially to the Elders here today. It was an honour to have you open this meeting.

Ottawa Public Health has made it an organisational priority to do whatever we can, with care, to ensure a meaningful, sustained and long term commitment to promote reconciliation and advance Indigenous health equity. We strive for a respectful dialogue and partnership with Indigenous partners, and will continue to support activities that enhance awareness and understanding of the historical context, local diversity, and contemporary lived experience of Indigenous community members. The report in your package today provides an overview of some of these activities.

I do not want to speak for long tonight. We have a fulsome agenda to work through, and I know that you are all aware of the breadth and depth of the issues that have emerged and kept us busy since we last met. If you do have any questions about the updates I have been sending to you, for example about our involvement in the City's flood response, or about the provincial activities regarding Health System Transformation and the ongoing consultations regarding the new Ontario Public Health Standards, I will be happy to answer them. And, of course, I am happy to discuss the progress that has been made recently on the opioids file, the high level of engagement of provincial and national mayors, and the resource commitments recently announced by the provincial government, all of which we have also captured in a report before you later tonight.

With respect to Health System Transformation and its immediate impacts on us, I want to thank each of you again for the time you have given me recently. I have consulted with you, community partners and all staff at OPH on organisational changes needed to best prepare ourselves to deliver on the new provincial requirements and the future public health needs of the community. I am keeping front and centre in my thinking the importance of OPH being an agile organization, able to embrace the opportunities for broader and greater impact and relevance that might come with the changes. I have heard over 1700 comments and ideas from more than 70% of our employees in the last month. Later this month, I will begin working with a revamped senior leadership team to plan a new alignment of resources, programs and portfolios ready for implementation in the fall, so that we can begin to transition to our new work in 2018. My focus will be on ensuring operational stability as we develop our proposed budget for 2018 and implement the needed changes to ensure compliance and ongoing excellence into the future. As this alignment exercise proceeds, I intend to maintain frequent and regular communications across the organization.

I do want to assure you, also, as we get into summer festivities in the city, that we are ready for the work that needs to be done to support the city safely through the next few months. We have staffing plans to deal with Canada 150 celebrations; we have, again, proactively worked with festival organisers to minimise harm from the revelry of various

summer concerts; and we are linked closely to the City's emergency team so we can help respond to unforeseen events should any occur. We have also developed a new electronic tool: a dashboard to track events, incidents and outbreaks during the summer of 2017. This tool will track issues of public health importance in the community such as extreme heat; infectious disease activity, overdoses and injuries.

I also want to thank you, on behalf of all the staff at OPH, for your ongoing interest and participation in the various opportunities to see our frontline work, and especially to those of you that are able to participate in this month's employee appreciation celebrations. Last week, the City of Ottawa's General Manager's annual staff recognition awards were given and we had numerous OPH staff members nominated for different awards as well as wonderful recognition for our participation in the Rideau Street Infrastructure emergency response activities last summer.

Chair, that concludes my update for tonight. I am happy to answer any questions.

Merci beaucoup.