

Support Document 2: Summary of Supporting Documents

Report	Recommendations
<p><i>Centre for Addiction and Mental Health Pathways to Promoting Mental Health: a 2015 Survey of Ontario Health Units (2015)</i></p>	<ol style="list-style-type: none"> 1. Establish a common understanding of Mental Health Promotion (MHP) 2. Establish evidence-informed guiding principles for integrating MHP programming in public health and support the public health workforce to implement MHP at the public health unit (PHU) level, across the public health sector and other sectors 3. Align current and new MHP activities with the existing Ontario Public Health Standards to/and promote health equity and mental health, 2008 or as current 4. Continue to leverage partnerships to strengthen MHP in the public health system and the mental health and addictions system 5. Continue to improve and promote the sustainability of effective MHP programming with performance measurement and evaluation strategies
<p><i>Mental Health Commission of Canada</i></p> <p><i>Changing Directions, Changing Lives (2012)</i></p>	<ol style="list-style-type: none"> 1. Promote mental health across the lifespan in homes, schools, and workplaces, and prevent mental illness and suicide wherever possible 2. Foster recovery and well-being for people of all ages living with mental health problems and illnesses, and uphold their rights 3. Provide access to the right combination of services, treatments and supports, when and where people need them 4. Reduce disparities in risk factors and access to mental health services, and strengthen the response to the needs of diverse communities and Northerners 5. Work with First Nations, Inuit, and Métis to address their distinct mental health needs and acknowledging their unique circumstances, rights, and cultures 6. Mobilize leadership, improve knowledge, and foster collaboration at all levels

<p><i>Open Minds, Healthy Minds: Ontario's Comprehensive Mental Health and Addictions Ten Year Strategy (2014)</i></p>	<ol style="list-style-type: none"> 1. Promoting Mental Health and well-being 2. Ensuring early identification and intervention 3. Expanding housing, employment supports and diversion and transitions from the justice system 4. Providing the right care, at the right time, in the right place 5. Funding based on need and quality
<p><i>Supporting Ontario's youngest minds: Investing in the mental health of children under 6 (2014)</i></p>	<p>Effective infant and early childhood mental health policy that includes:</p> <ol style="list-style-type: none"> 1. universal promotion to reduce risk factors and promote protective factors 2. early identification and intervention 3. evidence-informed mental health programs and practices 4. recognizing caregivers and families as key in developing a system of care

