

Differences in health exist between people and groups because of their social and economic circumstances. Ottawa Public Health (OPH) has a role to assess and report on these differences in Ottawa. OPH staff are committed to working with community partners to help promote health equity. For example, OPH works with Indigenous leaders, housing and social service providers and health care organizations to decrease the likelihood that people with lower incomes will have poorer health compared with people with higher incomes.

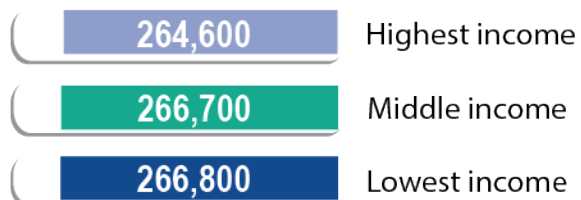
## What is health equity?

Health equity means that all people have a fair chance to reach their full health potential and are not disadvantaged by their race, gender, culture, socio-economic status and/or other socially determined conditions.

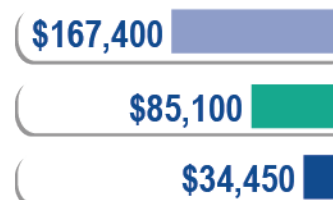
## Socio-demographic profile of the 3 income groups used for analysis:



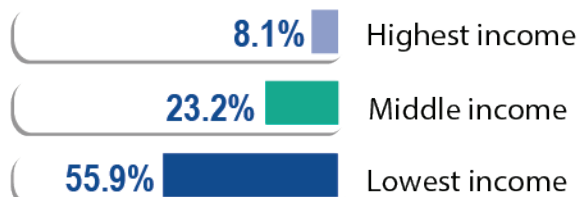
### Population Size



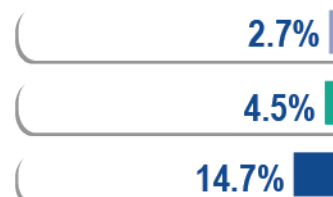
### Average Annual Income before taxes



### Percent living in rented dwellings



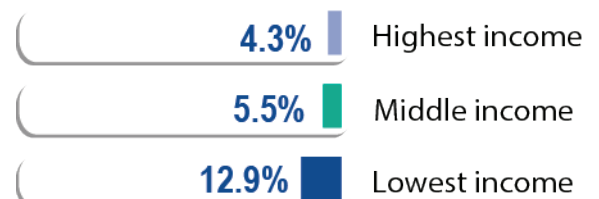
### Percent Immigrants past 10 years



Percent of the population in Ottawa with self-rated mental health of "Fair" or "Poor" by income group, age 12+.



## Fair or poor self-rated mental health

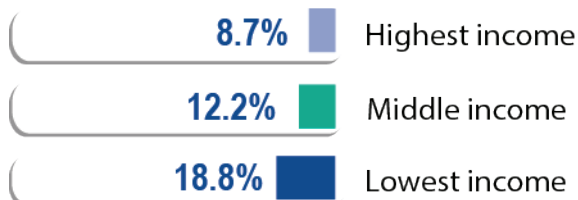


**Source:** Canadian Community Health Survey (CCHS), 2011-2014 combined. Ontario Share File. Statistics Canada.

Percent of the population in Ottawa reporting **2 or more chronic conditions** by income group, age 20 and up.



## Two or more chronic conditions

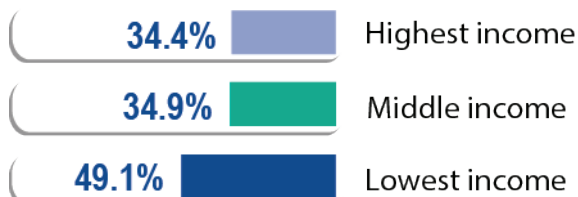


**Source:** Canadian Community Health Survey (CCHS), 2011-2014 combined. Ontario Share File. Statistics Canada.

Percent of the population in Ottawa who are **physically inactive during leisure time** by income group, age 12 and up.



## Physically inactive during leisure

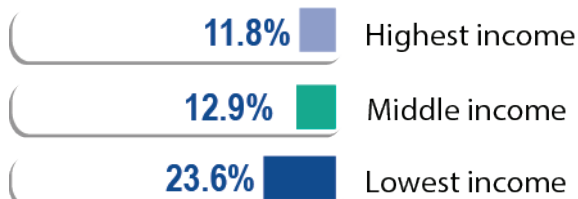


**Source:** Canadian Community Health Survey (CCHS), 2011-2014 combined. Ontario Share File. Statistics Canada.

Percent of the population in Ottawa who are **current smokers** by income group, aged 19 and up.



## Current smokers

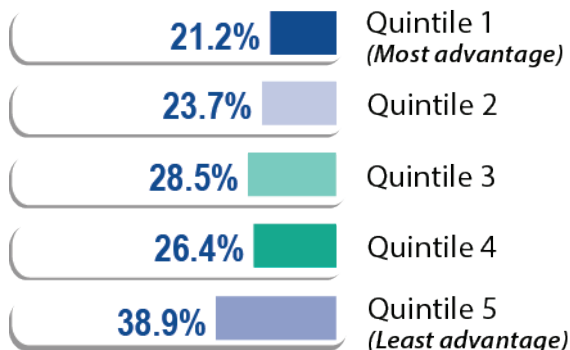


**Source:** Canadian Community Health Survey (CCHS), 2011-2014 combined. Ontario Share File. Statistics Canada.

Percent of kindergarten children with a low Early Development Indicator score in 1 or more domains (meaning children are at risk for not being ready for school) by neighbourhood socio-economic index score.



## Low Early Development Indicator score



**Source:** Adapted from Millar, C., Lafrenière, A., Lebreton, J., de Quimper, C. (2016). Our Kids, Their Story... Snapshot of Developmental Health at School Entry in Ottawa 2005-2015. Data Analysis Coordinators, Parent Resource Centre, Ottawa, ON. 49pp + 4pp (Appendices)

This infographic is a graphical summary of the Health Equity and Social Determinants of Health in Ottawa Report. A complete and accessible version of the full report, with references, is available at [www.ottawa.ca/healthreports](http://www.ottawa.ca/healthreports).